



Date: 26 Sha'baan, 1443A.H
29th March, 2022

Practical Tips to Maximise Ramadan

Wait first!

You are traveling, and just some miles ahead is a town where it rains gold and different precious gemstones, free for everyone. On ordinary days one will have to dig several miles deep into the ground before coming across such, but here they are, freely given by nature, you can have as much as you wish... But at least you will have to bend down, get a container and pick, else you might not get any of these valuables.

So, how many would you pick?

Ramadan is the town ahead, Forgiveness and the Mercy of Allah are the precious gems that rained. Our striving for both obligatory and more voluntary good deeds is similar to getting a container and bending down to pick. So how much forgiveness and mercy of our Lord are we ready to take when we just have to ask and we shall have it.

Below are some practical tips that can help us maximize this golden opportunity.

1. If you can't translate the Arabic language yet, then get a good copy of the English/Yoruba translation of the Quran in addition to the Arabic one.
2. Have the determination to complete a whole Mushaf (hard copy of the Quran) at least once during the month of Ramadan. To do this, you will have to read 1 juz per day (20 pages).

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(a) 4 pages after every solah

(b) 1 Hizb(10 pages) after Subh and Ishai.

3. Contemplate the meaning and lessons of each verse and chapter. And know how you can apply each to your daily life. This is the main importance of reading the Quran and where its Noor (light) lies.

4. Ensure to listen to Tafseer (explanations of the Quran) or other Ramadan lectures daily. This will lighten your heart and make other good deeds easier.

5. Avoid praying Taraweeh alone, if you know you are weak at heart and might abandon it after a while.

6. Spend at least 30 minutes each night, before Sahur to seek the forgiveness and mercy of Allah.

7. Ask Allah to help ease His ibaadah for you, make you abandon sins and put Noor in your heart.

8. Avoid nullifiers of fast such as backbiting, lies, fornication (of the eyes, hand and limbs).

9. Limit access to the internet, to avoid distraction and nullifiers.

10. Always say your morning and evening adhkaar (also keep chanting different Dhikr to help you stay conscious of Allah).

May Almighty accept all our acts of worship. (Aamin)

Coming Next: **Qadar and Ramadan**

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